



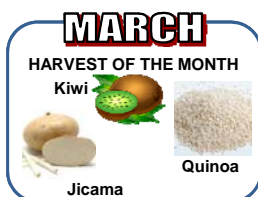
# Fox Valley Lutheran High School Food Court Lunch Menu



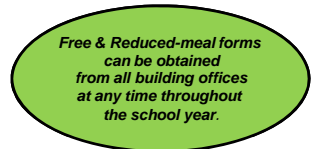
**March  
2012**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>Includes Fruit, Vegetable, Milk \$3.25</p>	<b>MARCH IS NATIONAL NUTRITION MONTH</b>			1 Beefy Nachos with Homemade Cheese Sauce Mexicali Corn	2 Grilled Cheese Sandwich Tomato Soup Cucumber Ranch Salad
	5 Chicken Express	6 Italian Lasagna, Buttered Broccoli, Caesar Salad, Garlic Toast	7 Hearty Beef Chili Baked Potato Half Honey Glazed Corn Bread	8 Hamburger Pasta Seasoned Green Beans Honey Wheat Dinner Roll	9 Breakfast Stacker Scrambled Eggs, Tri Tator, Cinnamon Apples, Syrup
	12 Corn Dog with Slice of Wheat Bread, Mac & Cheese, 3 Bean Salad	13 Oven Roasted Chicken Wild Rice Pilaf, Glazed Carrots, and Honey Wheat Roll	14 Ham & Broccoli Tator Tot Casserole, Popeye Salad, Honey Wheat Dinner Roll	15 Southwestern Turkey Pie Garden Salad, Flour Tortilla, Assorted Toppings	16 Parmesan Crusted Fish Fillet Buttered Noodles, Pea & Carrots, Honey Wheat Dinner Roll
	19 Chicken Marinara Sandwich Parmesan Pasta Seasoned Broccoli	20 Roasted Turkey with Gravy Mashed Potatoes Vegetable Blend and Dinner Roll	21 Homemade French Toast Sausage Patty Breakfast Potato	22 Chicken & Penne Pasta Italian Tossed Salad Garlic Breadstick	23 Cheese Bread with Marinara Sauce Green Beans
	26 <b>No School</b>	27 <b>No School</b>	28 <b>No School</b>	29 <b>No School</b>	30 <b>No School</b>
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>Includes Fruit, Vegetable, Milk \$3.25</p>	<b>Pizza By The Slice</b> Cheese Pepperoni	<b>Pizza By The Slice</b> Cheese Stromboli with Pizza Sauce	<b>Pizza By The Slice</b> Cheese Sausage	<b>Personal Pizza or Calzone</b> Cheese Sausage Pepperoni	<b>Pizza By The Slice</b> Cheese Chef's Choice
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>Includes Fruit, Vegetable, Milk \$3.25</p>	<b>Includes Fries</b> Cheese Burger on a Bun	<b>Includes Fries</b> Crispy Chicken Sandwich Grilled Chicken Sandwich	<b>Includes Fries</b> Pizza Burger on a Bun	<b>Includes Fries</b> BBQ Pork Rib Sandwich	<b>Includes Fries</b> Chef's Choice
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>Includes Fruit, Vegetable, Milk \$3.25</p>	 <b>READ ACROSS AMERICA</b> MARCH 2nd	 <b>ST. PATRICK'S DAY</b> MARCH 17th	 <b>FIRST DAY OF SPRING</b> MARCH 20th	1 Confetti Ham Pasta Salad Roasted Vegetable Focaccia	2 Garden Salad with Dinner Roll Yogurt Pack
	5 Chef Salad with Dinner Roll Chicken Salad on Wheat Bun	6 Crispy Chicken Salad with Roll Cold Cut Combo Sub	7 Chicken Caesar Salad with Roll Turkey Ranch Wrap	8 Chop Chop Salad Slider Combo	9 Broccoli Salad with Cheese Stick Yogurt Pack
	12 Turkey BLT Salad with Roll Chicken Caesar Wrap	13 Taco Salad Ham & Cheese on a Bagel	14 Oriental Chicken Salad with Roll Turkey Sub	15 Confetti Ham Pasta Salad Roasted Vegetable Focaccia	16 Garden Salad with Dinner Roll Yogurt Pack
	19 Chef Salad with Dinner Roll Chicken Salad on Wheat Bun	20 Crispy Chicken Salad with Roll Cold Cut Combo Sub	21 Chicken Caesar Salad with Roll Turkey Ranch Wrap	22 Chop Chop Salad Slider Combo	23 Broccoli Salad with Cheese Stick Yogurt Pack
	26 <b>No School</b>	27 <b>No School</b>	28 <b>No School</b>	29 <b>No School</b>	30 <b>No School</b>
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>Includes Fruit, Vegetable, Milk \$3.25</p>	<b>Chicken Express</b> Popcorn Chicken Chicken Nuggets Chicken Tenders Mashed Potatoes and Gravy Featured Vegetables Honey Wheat Dinner Roll	<b>Feature By Chef Rae</b> Chef Rae will display entrees from around the globe.  <b>Look for Weekly Emails!</b>	<b>Made To Order Sub</b> Fresh Baked Wheat or White Roll Turkey or Ham Swiss Cheese or American Cheese Lettuce, Tomato, Pickles, Onions, Peppers, Black Olives, Jalapeños, Banana Peppers, Cucumbers, and Assorted Condiments	<b>Taste Of Mexico</b> Beefy Nachos with Cheese Sauce Soft Shell Tacos Southwestern Turkey Pie Build Your Own Burrito  Entrees accompanied with Seasonal Side and Assorted Toppings	<b>Pasta Bar</b> Rotini, Penne, or Spaghetti Your Choice of Chicken or Meatballs Alfredo or Marinara  Garlic Bread Stick

Menus subject to change without notice.



Jicama is a round, fleshy taproot vegetable of bean family plant. Its underground starchy root is one of the popular edible root vegetable grown in many parts of Central American, South Asian, Caribbean, and some Andean South American regions. Its refreshing, crispy, ice-white fruit-like pulp is eaten raw or cooked in a variety of sweet and savory dishes worldwide.



To check the balance in your account or for additional information, contact:  
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