

FRESHMAN

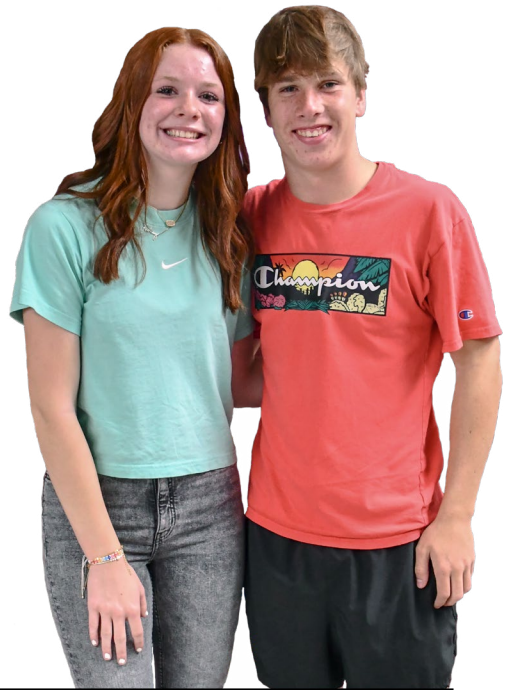
Course Planning Worksheet

Use this worksheet to indicate the courses you are interested in taking your freshman year.

Some things to consider . . .

- Choose a minimum of 7 credits per school year.
- Courses are marked as either 0.5 credit or 1.0 credit. The 0.5 credit courses are for one semester only and the 1.0 credit courses last the entire year.
- All course descriptions for all students are listed online.

[fvlhs.org / COURSES-AND-PLANNING](https://fvlhs.org/COURSES-AND-PLANNING)



Questions? Contact . . .

Mrs. Laura Gucinski - lgucinski@fvlhs.org

2024-25

Freshman Course Planning Worksheet 2024-2025

First Name _____ Last Name _____

Home Phone _____ Email _____

Current School _____

Possible Career Options:

1. _____ 2. _____

CORE CLASSES			Credit	Total
CORE CLASSES	OTEST	Old Testament	1.0	1.0
	PHSCI	Physical Science	1.0	1.0
	ENGLISH (test results will determine course placement)		1.0	1.0
	LAF	Language Arts Foundations		
	LA1	Language Arts 1		
	ALA1	Advanced Language Arts 1		
	MATH (test results will determine course placement)		1.0	1.0
	PRALG	Pre-algebra		
	ALG1A	Algebra 1A		
	ALG1	Algebra 1		
	GEOM	Geometry (if intending to take Calculus senior year)		
	Select from the following for your 1 Social Studies credit		1.0	1.0
	GEOG	World Geography		
	HIS1	History 1		
				5.0

Choose One

1

1 Study Hall
Each Semester
7.0 CREDITS

☐

Option chosen
by most students

2

1 Study Hall
Either Semester
7.5 CREDITS

☐

3

No Study Halls
8.0 CREDITS

☐

ELECTIVES - 2-3 Credits required from . . .			Credit	Total
FINE ARTS	CBAND	Concert Band	1.0	
	MCHOR	Men's Choir	1.0	
	WCHOR	Women's Choir	1.0	
	GA1	Graphic Arts 1	0.5	
	INDRAW	Intro to Drawing (Required before taking 2-D Art)	0.5	
	PHOTO	Photography (Priority is given to upperclassmen)	0.5	
PHYSICAL EDUCATION	2DART	2-D Art (Semester 2 only - RDRAW is prerequisite)	0.5	
	HEALTH	Health (Required semester course taken in grades 9 or 10, or by taking College Health in grades 10-12)	0.5	
	BODSP	Body Shop (Required before taking Body Shop 2)	0.5	
	BODSP2	Body Shop 2 (Semester 2 only - BODSP is prerequisite)	0.5	
	HRSMR	Heart Smart	0.5	
	NETS	Nets to You	0.5	
PRACTICAL & PROFESSIONAL ARTS	COMAP	Business - Computer Applications	0.5	
	FOODS	Family and Consumer Education (FACE) - Culinary Arts	0.5	
	CAD1	Technology and Engineering - Computer-Aided Design 1	0.5	
	GA1	Technology and Engineering - Graphic Arts 1	0.5	
	IMA	Technology and Engineering - Introduction to Mechanical Arts (Required before taking WOOD1)	0.5	
	WOOD1	Technology and Engineering - Woodworking 1 (Semester 2 only - IMA is prerequisite)	0.5	
	ENESS	STEM Academy - Engineering Essentials	1.0	
	CSE	STEM Academy - Computer Science Essentials	1.0	
	PBS	STEM Academy - Principles of Biomedical Science	1.0	
WORLD LANGUAGES	GER1	German 1	1.0	
	LAT1	Latin 1	1.0	
	SPAN1	Spanish 1	1.0	
	SPAN2	Spanish 2 (Placement test at FVL in spring)	1.0	
Total Credits for Elective Classes				
Total Credits for Core Classes				5.0
List Your Credit Total				

Choose three alternate elective options in case of full classes or scheduling conflicts.

1. _____ 2. _____ 3. _____

Course Descriptions & Credit Requirements for Freshmen



Use the QR code or go to the web address to see descriptions and requirements of all course options for FVL.

[fvlhs.org / COURSES-AND-PLANNING](http://fvlhs.org/COURSES-AND-PLANNING)

Questions / Notes

Join us at FVL!

OCTOBER

- 20** - Fall Play *Almost, Maine* (6:30 PM)
- 21** - Fall Play *Almost, Maine* (6:30 PM)
- 22** - Fall Play *Almost, Maine* (2 PM)

NOVEMBER

- 2** - 8th Gr. Scheduling (by appointment)
- 6** - 8th Gr. Scheduling (by appointment)
- 9** - 5th/6th Grade Math Bowl (6 PM)
- 14** - 7th/8th Grade Math Bowl (6 PM)

DECEMBER

- 9** - FVL & FVL Schools Band Concert
(11:30 AM)
- 17** - FVL Choirs Christmas Concert (4 PM)



**Providing Christian education
to teens and preparing them
for lives of service and eternity**

